



September 2017

Monday – Friday 8:00 am to 7:00 pm



Access Omnicare
2016 results are in!

20% of all cases
closed in two weeks
All cases - average length - 36 days

39180 Farwell Drive, Suite 231
Fremont, CA 94538

Phone: 510-585-2545

Fax: 510-505-9287

Email Access Omnicare



See What's New »

Access Omnicare is the region's emerging leader in the delivery of superior medical care for your most valuable asset, your employees.

Urgent Care services also available for PPO insured employees or self pay.

- Partnership Corner
- Lunch & Learn - Sept 13, 2017 "Common Knee Injuries in the Workplace"
- Lunch & Learn - Dec 13, 2017 "Understanding the Adjuster's Role in Workers' Compensation Management"
- Avoiding Slips, Trips and Falls
- LOHP - Labor Occupational Health Program - NEW UC Berkeley Classes
- Important Forms including
- MPN Insurance Network

Visit Website

Occupational Medicine ●
 Workers' Compensation ●
 Urgent Care ●

PARTNERSHIP CORNER



Invoices - Mail or Email?

We are excited to offer you **emailed invoices** for your convenience. Should you wish to convert your invoicing from MAIL to EMAIL, please send your request to:

Megan@accessomnicare.com and Yvette@accessomnicare.com

Appointments and Walk-ins

We encourage scheduling appointments for all services that are non-emergent. This allows us to better managed our appointment schedule resulting in shorter wait times.

Routinely, we will take those employees with an appointment, before walk-in physicals, drug screens or other employer services.

Please call the clinic, 510-585-2545 to schedule your employees appointments.

Claim Numbers

Access Omnicare is always working to improve processes and manage cases more efficiently. In order to obtain approval for physical therapy, specialist referrals, diagnostics and billing we must have a claim number.

If you have not provided the **Claim Number** for an injured worker, please email the claim number to info@accessomnicare.com as soon as possible. Thank you

Visit our website



Lunch & Learn

We are pleased to welcome

John Jaureguito, M.D.

Knee, Shoulder & Hip Surgery
Board Certified Orthopaedic Surgeon

Wednesday, September 13, 2017 from 12-1 pm

Farwell Medical Building
39180 Farwell Drive, Suite 231, Fremont, CA

Our educational Lunch & Learn series offers valuable information to all employers managing safety at work.

“Common Knee Injuries in the Workplace”

- **Anatomy of the Knee**
- **Fractures, Dislocations, Ligament Injuries, Tendon & Meniscus Tears**
- **Expected Recovery Time from Knee Injuries**
- **Sports Medicine Approach to Knee Injury Recovery**
- **Aging Workforce and Pre-Existing Conditions**

Classes are **free** and **lunch will be provided**.
Q & A to follow seminar for participant questions
Clinic tours available to follow

Wednesday, September 13, 2017 - 12:00 – 1:00 pm

This class is offered as a Seminar or Webinar. RN - CE units available

[Register Now](#)



John W. Jaureguito, M.D., is a board certified Orthopaedic surgeon specializing in the treatment of sports injuries. He has a special interest in the treatment of the knee, shoulder and hip conditions. Dr. Jaureguito has been practicing since 1995 in Fremont.

Dr. Jaureguito treats physically active people of all ages, with special emphasis on high school, college, and recreational athletes.

In addition to treating athletes, Dr. J also treats patients that have sustained work related injuries. His proactive approach and education is applied to all

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FREMONT ORTHOPAEDIC &
REHABILITATIVE MEDICINE

his patients. He tailors a treatment plan that is best suited to each patient's needs.

Dr. Jaureguito is a Cum Laude graduate of the University of Notre Dame, and an Alpha Omega Alpha graduate of the Saint Louis University School of Medicine. Dr. Jaureguito served his residency at the University of Chicago and his fellowship training in sports medicine and arthroscopy at the Orthopaedic Specialty Hospital in Salt Lake City.

Mark your Calendars!



Lunch & Learn

We are pleased to welcome

Carmen Angeles

Claims Manager, JT2 Integrated Resources
Insurance Education Association Instructor

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Farwell Medical Building

39180 Farwell Drive, Suite 231, Fremont, CA

Our educational Lunch & Learn series offers valuable information to all employers managing safety at work.

“Understanding the Adjuster’s Role in Workers’ Compensation Management”

- **Criteria for AOE/COE (Arising Out of Employment/Course of Employment) and the 90 day rule**
- **Review: Benefits provided, statutes of limitation enforcement, medical control, specialists and diagnostics**

- **Comprehending the litigation process**
- **Psychiatric Injury and Stress Claims**
- **Reopening Cases – new and further disability**

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Register Now



Carmen Angeles

Claims Manager
JT2 Integrated Resources
Insurance Education Association Instructor

Carmen Angeles has over 32 years' experience in the Workers' Compensation industry in claims administration and management. She is also a seasoned instructor with the Insurance Education Association.

Carmen has an excellent grasp and application of California Labor Code and Case Law which governs workers' compensation issues including Education Code and Public Entities. In addition, she has extensive knowledge of investigation, pursuance and management of fraud cases



Some of the courses she teaches are:

- **Introduction to Workers' Compensation**
- **Foundations of California Workers' Compensation**
- **Establishing Injury and Affirmative Defenses in California Workers' Compensation Claims**
- **Statutes of Limitations, Jurisdiction and Civil Remedies in Workers' Compensation**
- **Advanced Issues in Workers' Compensation**

Avoiding Slips, Trips and Falls

by Carole DiFilippi

One of the challenges for many employers are to manage their workplace safety environment. Keeping a watchful eye on the hazards in your workplace can help prevent many workplace injuries. Do your employees run with scissors? While this statement is comical, many slip, trip and fall injuries occur when employees are

not thinking about their own careless behaviors. I'd like to share a few tips to review. Let's start with promoting safe employee behaviors.

A. **Employees**

1. Encourage Proper Footwear – slick soles or high heels are often the dangerous.
2. Discourage Walk and Talk - cell phone use while walking is distracting and interferes with an employees' focus while moving forward.
3. Carrying Materials – discuss clear line of sight while carrying materials.
4. Speed – rushing or running often results in collisions, falls and sprains.
5. Stay Alert – watch what is in front of you and look out for obstacles at all times.

B. **Lighting**

1. Proper Illumination - of stairs, hallways, rooms and parking lots should be evaluated on a regular basis.
2. If a work space is remodeled or rearranged, look at the lighting in the new configuration.
3. Replace burnt out lightbulbs promptly.
4. Make light switches automated or accessible.

C. **Open, Close and Blocking**

1. Cupboards and Cabinets – Open a door, close it to avoid head injuries, lacerations and knocking an employee off balance resulting in a fall.
2. Filing Cabinets –when drawers are left open, an employee can easily be caught off guard.
3. Blocking and Talking – often employees stop to chat in a hallway or narrow walkway, forcing other employees to maneuver their way around them.

D. **Obstacles**

1. Temporary Storage – placing deliveries or other materials on the floor.
2. Cables & Cords – cover all cables and cords on the floor.
3. Clutter – we never have enough space, however keeping the work space orderly and free of clutter is a necessity.
4. Walkways and Hallways are for walking, not storage of any kind.
5. Evaluate your storerooms for ease of use.

E. **Surfaces**

1. Uneven Walking Surfaces – most often found in parking lots.
2. Damaged or Irregular Steps – repair and clearly marking warnings.
3. Dry floors with dust or powder create a slick surface.
4. Slippery surfaces such as polished stone, or painted floors create a glossy surface.
5. Ramps and gang planks need skid-resistant surfaces.
6. Metal surfaces, construction plates and dock plates should be examined to identify safety hazards.
7. Use slip resistant floor treatments for wet areas.
8. Proper use of mats or rugs in food preparation areas.
9. Use moisture-absorbent mats with beveled edges in entrance areas.
10. Anti-skid adhesive tape is often used in troublesome areas.
11. Loose flooring or missing tiles or bricks catch employees off guard.
12. Weather hazards such as wet leaves, pine needles, wet or frosty surfaces are an accident waiting to happen.

F. **Plan Ahead**

1. Housekeeping – establish procedures as part of the daily routine.
2. Determine what needs to be done and who is going to do it.
3. Implement a daily routine with a check off list for the designated manager.
4. Create 'safe practices' materials for managers to discuss with their team.
5. Inform employees how to report safety hazards.

Labor Occupational Health Program University of California, Berkeley



WOSH Program

Worker Occupational Safety & Health (WOSH) Specialist Trainings

- January (TBD)
Walnut Creek, CA |9:00-5:00 pm
- January 16, 23 & 30, 2018
Fairfield, CA |9:00-5:00 pm
- February 13, 14 & 15, 2018
Santa Rosa, CA |9:00-5:00 pm

These class times/dates don't work for you? Additional 24-hour TSD classes and other 8-hour Refresher classes in English and Spanish will be scheduled according to demand (minimum 12 participants). These classes can be scheduled at a convenient time, date and location for your group. Please contact LOHP for more information.

IIPP Program

Injury And Illness Prevention Program (IIPP) Trainings

To register for one of the trainings, please complete the [online IIPP Registration Form](#). Pre-registration is required.

- October 11, 2017
Redding, CA |1:00-5:00 pm
- October 16, 2017
Stockton, CA |1:00-5:00 pm
- November 1, 2017
Stockton, CA |1:00-5:00 pm

LOHP- UC Berkeley website

Important
FORMS

New Forms Make Clinic Visits Faster!

New patient paperwork can be completed **before** scheduled appointments or walk in visits for New Injuries or Physicals, DMV Exams or Drug Screens. See links below.

Employer Forms:

[New Client Form](#)
[Authorization to Treat](#)
[Clinic Poster Map](#)
[Clinic Poster Map \(Spanish\)](#)
[In Case of Injury](#)
[OSHA Recordable Guidelines](#)

Exam Forms:**New Injury**

[Patient Registration for New Injury](#)
[Patient Registration for New Injury - Spanish](#)

Physical Exam

[Registration for Physicals and Testing](#)
[Medical History for Physicals](#)

Drug and Alcohol Screening

[Registration for Physicals and Testing](#)

Additional Forms for Specific Testing

[Peace Officer Medical History](#)
[OSHA Respirator Questionnaire – English](#)
[Cuestionario de Evaluación Médico obligado por la OSHA](#)
[\(OSHA Respirator Questionnaire – Spanish\)](#)
[DMV](#)
[Audiogram & Otologic Medical History](#)

Release of Records

[Release of Records](#)

MPN: Are We In Your Insurance Network?

The world of Workers' Compensation insurance carriers and Medical Provider Networks (MPN's) is complex and difficult to understand for some employers. How do you know whether a specific doctor or facility is included in your network?

We have requested that all insurance carriers list Access OmniCare and categorize us under 'occupational clinic', rather than the physician name but it is a tedious process.

Therefore, often we are not listed as Access Omnicare or under clinics; we are often under one of our doctor's names.

[Let us confirm our participation for you](#)

When you contact us we will provide you with documentation from the carrier that confirms that we are "in network" and that you can confidently use Access OmniCare to treat your injured workers.

Partial List of MPN Participation

- AIG
- Anthem Network
- Broadspire
- California Foundation for Medical Care
- California MPN Network

- ClarisPointe
- Cypress Insurance
- Chevron
- Corvel
- Coventry Network
- EK Health
- ESIS
- First Health
- Harbor Health Systems
- HealthSmart
- Keenan & Associates
- Liberty Mutual
- Marriott
- Medex
- Multiplan
- Nordstrom
- Old Republic
- Pacific Foundation for Medical Care
- PG & E
- PMA
- Prime Health Services
- Sedgwick
- Status PPO Network
- State Comp Insurance Fund
- The Hartford
- Travelers
- Zurich

Contact Us!



Education



Our Services

About Access OmniCare

Access OmniCare opened in April of 2014

Specializing in Occupational Medicine and Urgent Care

Evidence-based causation analysis

Conservative approach to OSHA recordability

Sports medicine oriented treatment plan

Effective, efficient & respectful patient care

Proactive communication with employers

Accepts transfer of care and second opinions

Walk-in injuries welcome
Please call for appointment for non emergency services

Same day appointments available
We accept transfer of care for complex cases

Minimum wait times, compassionate patient care, excellent communication with employers and management of workers' compensation cases are ways in which we excel.

Please see links below for authorization form/ employer forms and patient registration.
or [Contact](#) us for assistance.

Authorization for Treatment / Employer
Forms

Patient Registration Forms

[WEBSITE](#) [ABOUT](#) [EMPLOYERS](#) [SERVICES](#) [EDUCATION](#) [FAQS](#) [CONTACT](#)

Register for Monthly Newsletters

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