



Cal-OSHA General Recording Criteria 14300.7 has outlined the following to determine whether an injury falls under First Aid/Non-Recordable or Medical Treatment/Recordable. If determined “Recordable” by a physician or licensed health professional, injuries must be logged on your OSHA 300 log. Visit <http://www.dir.ca.gov> and search for ‘FAQ recordable’ or ‘OSHA 300’ for more info.

FIRST AID – OSHA NON-RECORDABLE

- **Nonprescription medications** at nonprescription strength
- **Tetanus** vaccination
- **Cleaning, flushing or soaking wounds** on the surface of the skin
- **Wound coverings** – bandages, Band-Aids, gauze pads, butterfly bandages or Steri-Strips.
- **Hot or cold therapy**
- **Non-rigid means of support** – elastic bandages, wraps, non-rigid back belts.
- **Temporary immobilization devices** for transporting an accident victim
- **Drilling a fingernail or toenail** to relieve pressure
- **Draining fluid from a blister**
- **Eye patches**
- **Foreign body from the eye** – use of irrigation or cotton swab only
- **Removing splinters or foreign material** from areas other than the eye by irrigation, tweezers, cotton swabs or other simple means
- **Finger guards**
- **Massage**
- **Drinking fluids** for relief of heat stress
- **X-ray or blood tests** for diagnostic purposes

MEDICAL TREATMENT – OSHA RECORDABLE

- **If treatment provided is not specifically listed above it is presumed to be OSHA recordable.**
- **Prescription medication or non-prescription medication in prescription strength**
- **Physical Therapy or Chiropractic care**
- **Wound closures** using sutures, staples or medical glue
- **Work restrictions** or transfer to another job beyond the day of injury
- **Days away from work** (except for day of injury)
- **Loss of consciousness**
- **Significant injury or illness** diagnosed by a licensed health care professional such as cancer, chronic irreversible disease, fractured or cracked bone, punctured eardrum or significant hearing loss.
- **Death**